

Looking Back, Moving Forward

A Group for Birth Mothers



A safe place to share what you haven't said aloud with others who have had similar experiences. A safe place to listen.

Center For Family Connections is proud to offer a 6-session therapeutic group for birth mothers - we will make sense of the past and the future while supporting one another.

- When:** Wednesday evenings from 6:00 - 7:30pm
May 18th, 25th, June 1st, 8th, 15th, 22nd
- What:** Six group sessions that will include support with personal experiences through the use of journaling, expressive art, film and discussion.
- Cost:** \$325 for six sessions led by two clinicians, including refreshments.
- Insurance:** MBHP (MassHealth) accepted, call regarding other insurances
- Led by:** Jennifer Eckert, LCSW with Lauren Bentlage, Clinical Intern

Pre-registration* and pre-payment required (space is limited).
MasterCard and Visa accepted. Registration fee is non-refundable.

*Please register by May 13th.

To register or ask any questions, please contact Center For Family Connections:
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